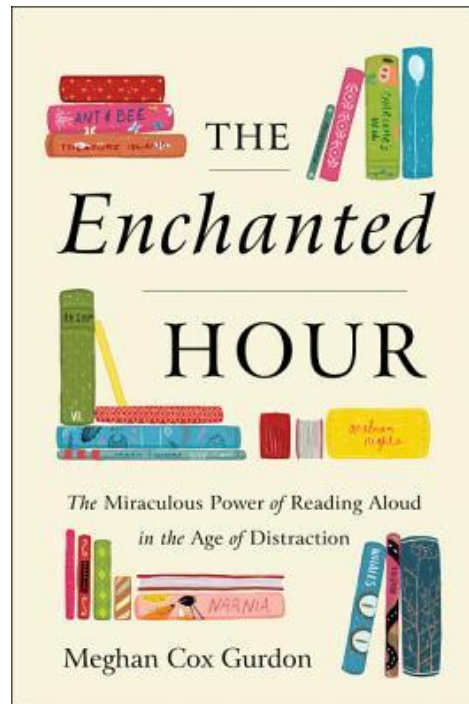


Scarica libro The Enchanted Hour: The Miraculous Power of Reading Aloud in the Age of Distraction

By Meghan Cox Gurdon



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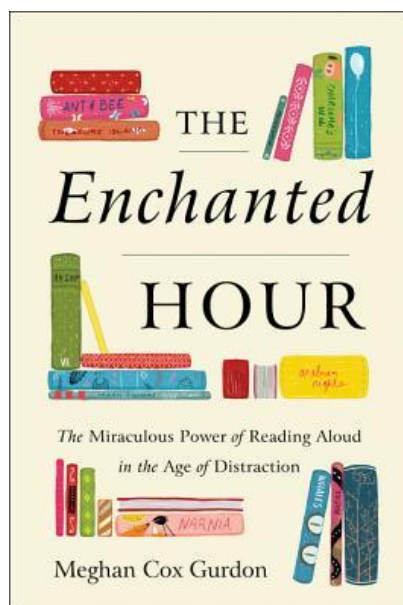


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A Wall Street Journal writer's conversation-changing look at how reading aloud makes adults and children smarter, happier, healthier, more successful and more closely attached, even as technology pulls in the other direction. A miraculous alchemy occurs when one person reads to another, transforming the simple stuff of a book, a voice, and a bit of time into complex and powerful fuel for the heart, brain, and imagination. Grounded in the latest neuroscience and behavioral research, and drawing widely from literature, *The Enchanted Hour* explains the dazzling cognitive and social-emotional benefits that await children, whatever their class, nationality or family background. But it's not just about bedtime stories for little kids: Reading aloud consoles, uplifts and invigorates at every age, deepening the intellectual lives and emotional well-being of teenagers and adults, too. Meghan Cox Gurdon argues that this ancient

practice is a fast-working antidote to the fractured attention spans,

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